











Our Clients - The direct impact of SCS programs and services

Richard's mobility changed dramatically after he joined the Seniors' Community Services exercise program.

Once limited by stiffness and balance issues, he now moves with greater ease and confidence. The tailored exercises, combined with the supportive environment, helped him regain strength, improve coordination, and feel more independent in his daily life.

What began as a cautious step toward better health turned into a transformative experience—physically, emotionally, and socially. For Richard, the program didn't just improve mobility; it gave him back a sense of freedom.



Exercise



Yoga for Life

Chair Yoga has become a "positive addiction" for me as a way to gently invigorate my body and calm my mind. Skilled and attentive leadership makes the sessions safe, effective and fun! Highly recommended for all Seniors.

- Ed, SCS Yoga Client



Scribbling Seniors

Writing in a group setting offers folks a powerful combination of creativity, connection, and cognitive engagement. Sharing stories, memories, or reflections encourages self-expression and helps preserve personal history in a meaningful way. These stories became an even bigger idea. An anthology! Come take a peek when you visit the centre.

The group atmosphere provides a safe, supportive space where senior writers can build confidence in their voices, gain inspiration from others, and experience the joy of being heard. Writing exercises stimulate the brain, boost memory, and promote clarity of thought—key components of healthy aging.

Just as importantly, these gatherings create opportunities for social connection, reducing feelings of loneliness and isolation.



I was excited to join the Scribbling Seniors. I have always loved to write so this was an opportunity to improve. Learning about the others in the group and hearing their amazing life stories inspired me personally and creatively. My creative juices are flowing again and I can't wait to start again in September!

- Ramona, SCS Scribbling Seniors Client

A Message from the Board President

We are pleased to share that this year has been one of growth, stability, and increasing impact for Seniors' Community Services. Thanks to the generous support of our donors and community partners, we have met our fundraising and grant threshold. Our strong financial position allows us to expand our programs and better serve those who rely on our work. Our fundraising committee has established objectives that will keep our organization in a position of strength.

We also welcomed new members to our Board of Directors late last fiscal year bringing fresh energy, expertise, and commitment to our mission. Their leadership has already contributed to new initiatives and increased positive engagement within our framework.

Collectively, our efforts are recognized more broadly within the community, with growing social media coverage, invitations to collaborate on different projects, and stronger partnerships with other organizations and of course our town council. These developments reflect the trust and value the community places in our work. And of course, winning our third consecutive annual Civic award for volunteer work in our neighbourhoods only expands the gratitude of our citizens.

As we look ahead, we remain focused on our mission of assisting seniors, while embracing new opportunities.

Thank you to everyone, particularly Dawn Rodger and her staff, our donors, volunteers, partners, and friends, who have made this a successful year. Together, we are making a substantial difference in the community in which we live.

Bill Forbes, President.

Board of Directors



Executive Committee Bill Forbes, President Ross Hebert, Vice-President Lorrie Brown, Treasurer Rick Baker, Secretary

Board Members Jennifer Ketchum, Director Terrance Patterson, Director Cathy Sheppard, Director Luisa Russo-Lemay, Director Aaron Nichols, Director

A Message from the Executive Director

Mission in Action

This past year, that mission guided every decision, every new initiative, and every moment of care we provided.

2024-2025 Key Achievements

- \$5,000 increase in annual funding through the Seniors' Active Living Centre
 Expanded capacity to deliver dynamic programs that help older adults live well at home and in their
 communities.
- 1,645 meals served through the United Way Meals on Wheels Subsidy Program

 Ensured food security and social contact for vulnerable clients—critical supports for aging in place.
- Equity, Diversity & Inclusion training and "Aging Well" conference participation for staff
 Strengthened our ability to serve diverse populations with empathy and relevance.
- Welcomed new staff and transitions
 Annette joined as Bookkeeper after Cheryl's retirement. Heather transitioned from volunteer to Transportation/Footcare Program Coordinator, Mackenzie joined as Marketing & Communications Co-op student.
- Updated volunteer training
 Supported safety, accessibility, and compliance with AODA standards across our service delivery.
- 15-week awareness campaign launched
 Reached new clients and cultivated partnerships to extend the reach of our programs.
- New initiatives launched
 Including the Valvular Heart Disease Clinic in collaboration with the Ottawa Heart Institute and Minds in Motion with the Leeds and Grenville Alzheimer's Society, Art Therapy with Painted Key
- Presented to the Standing Committee on Finance at Queen's Park, Toronto
 Spoke on behalf of 31 Community Support Agencies to urge stable, long-term funding and highlight the impact of inflation and rising operational costs on service delivery.

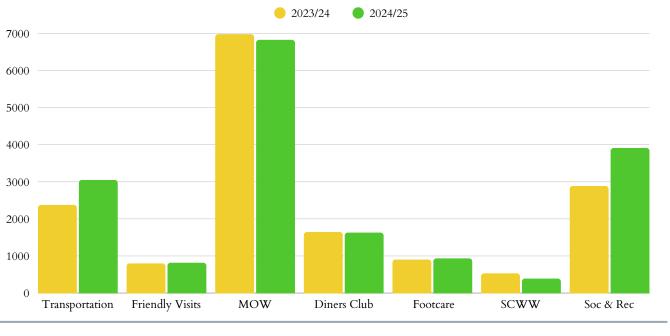
Thank you to our dedicated SCS team; your compassion and daily commitment to supporting seniors are at the heart of everything we do. I look forward to the promise of a new year and the opportunities that await all of us.

With thanks,

Dawn C.L. Rodger

Our Work

One of the benchmarks that determine a healthy and compassionate community is how we treat those who live in it. Action-oriented programs and services ensure no one is left behind, and every person has an equal opportunity to thrive both physically and mentally. For seniors and adults living with physical disabilities, access to transportation, nutritious food, and social activities enriches their quality of life and ensures they remain a vibrant part of this community. SCS is dedicated to serving the unique needs of every client with programs and services that enhance the choice to age at home.



Transportation Drives Friendly Visiting MOW 6828 (meals delivered) SCWW 3049 (unique trips) 817 (visits and calls) 6828 (meals delivered) 390 (individual attendees)

Diners Club Footcare Soc & Rec 3912 (unique visits)

Clients Served in 2024/25



Transportation 215

Friendly Visiting 537

MOW 127 Diners' Club 73

Footcare 223

Social & Rec 287



The Impact of Volunteers in a Rural Community

In rural communities, volunteers aren't just helpful—they're essential. They make the difference between access and isolation, between loneliness and connection, between surviving and thriving.

When public services are limited and distances great, volunteers step in: driving neighbours to medical appointments hours away, delivering meals across country roads, checking in on isolated seniors, and creating spaces where people can gather, learn, and belong.

Their impact isn't just measured in tasks completed—it's seen in lives improved, in communities that stay strong through adversity, and in the quiet reassurance that someone cares. Volunteers help make living independently sustainable.

No matter how my day starts, when a Meals on Wheels client opens their door and a smile crosses their face, I immediately smile in return. In that moment, and for the rest of the day, I feel lighter and happier knowing that it's the simple things in life that often bring us the greatest joy. Thank you SCS for bringing these special moments to my life.

- Kathy, Meals on Wheels Volunteer

Volunteer Milestone Years



Ghislaine Crozier 15 years of service



Mary Louise Benedict 10 years of service



Goldie Leizert 10 years of service



LaDonna Bodnarchuk 10 years of service



Diann Consaul 5 years of service

Program Volunteer Hours 2023/24 2024/25 3500 10,000 volunteer hours gifted 3000 Transportation volunteers drove 114,250 km for a total of 3049 drives 2500 2000 1500 1000 500 Meals on Wheels Friendly Visiting Diners Club Footcare Soc & Rec Reception

^{*}this graphic does not include all volunteer hours

A Year in Review

Volunteer Recognition Event

Celebrating the contribution of our volunteers with lunch & activities on the farm. Hayrides, horses, sunshine and laughter.







Workshops & Events

Bus trips to Morrisburg and Merrickville. A "Wicked" movie showing, learning about the benefits of tea, and art workshops.







North Grenville Civic Awards

MOW volunteer team receive 2025 Civic award recognizing their commitment to our community.







Annual Seniors BBQ

Thank you all for taking a pause, and gathering with friends. Our volunteers & the Lions Club made it look seamless for the 100 attendees.







MOW Community Champions Week

SCS volunteers were joined by Mayor Peckford, Community Living and the KYC. A day filled with community connection.







Ontario Seniors Achievement Award

SCS volunteer Chris Morgan recognized provincially for his outstanding volunteerism.







Leadership Team

Dawn Rodger, Executive Director
Annette Norton, Bookkeeper
Jill Woodley, Volunteer Coordinator
Lisa Caldwell, Program Coordinator
Heather Strader, Program Coordinator
Mackenzie Blair, Program Coordinator











Your Generosity & Involvement

Community generosity keeps the seniors centre thriving. Donations and support fund vital programs that keep older adults active, connected, and cared for. Thanks to this kindness, the centre remains a vibrant hub where seniors feel valued and supported.

Community Donors

Christian Reformed Church of Kemptville Diconate Driscoll and Peca Team
Equinelle Women Who Lunch Grenville Mutual Insurance
I.O.O.F. South Mountain Lodge 428 Kemptville Knights of Columbus 5333
Kemptville Lions Club Klondike Farms McGahey Insurance Brokers Ltd.
Ralph and Maureen Phillips Family Foundation Star Toilet Rentals
The Estate of the late Jean Newans 148 Individuals









B&H Grocer - Community Champion



This extraordinary community raised \$4000 during June's Seniors Month fundraiser.

A collaboration of kindness. Thank you to Jim and Judy Beveridge and B&H Your Community Grocer for being a community hub.

A huge thank you to their team who raised the bar so high. New ovens were purchased for the busy SCS kitchen that serves hundreds of clients each year.

4th Annual Photos in the Park - September 2024

A beautiful fall day capturing some memories behind the lens. Thanks to a generous donation from the Ralph and Maureen Phillips Family Foundation \$3270 was raised in support of the transportation service.



4th Annual Holiday Wreath and Planter Sale - November 2024

Doors and porches decorated with wreaths and planters in support of the client subsidy fund. Over \$1500 was raised.



Holiday Tourtière - December 2024

Another sell out of the famous Morris Family Tourtières. This is the legacy of the late Byron Morris, and each pie is handmade by Val and her team of volunteers. This holiday event raised \$1321, and it sold out in less than 24 hours.



Funding

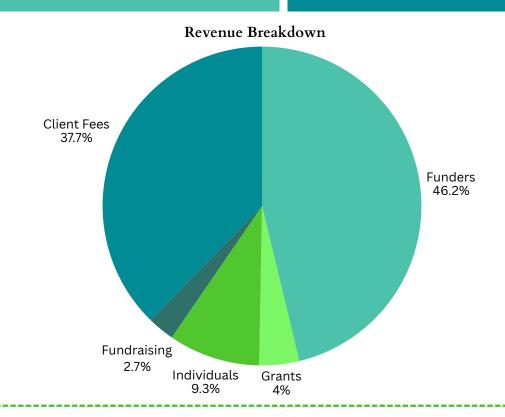
Kemptville and District Home Support Inc. is a charitable, non-profit organization operating as Seniors' Community Services.

We are a volunteer-driven community organization that depends on the generosity of funders, grants, fundraisers, businesses, and individual donations.

Funders Grants

Government of Ontario Ontario Health East Municipality of North Grenville

United Way Leeds and Grenville Healthcare Excellence Canada













A special thanks to PROBASE WEB and Coba Studios & Print Shop for their continued in-kind support, and the NG Times for supporting our community outreach.

KEMPTVILLE & DISTRICT HOME SUPPORT INC.

O/A SENIORS' COMMUNITY SERVICES

STATEMENT OF OPERATIONS AND CHANGES IN FUND BALANCES FOR THE YEAR ENDED MARCH 31

COMMUNITY SUPPORT PROGRAM FUND

RECEIPTS Covernment Contributions MOU	200 000					
Government Contributions - MOH 204,172 Government Contributions - SALC 51,016	208,009					
Government Contributions - One Time	20,483 -					
Client Fees and Recoveries	131,135					
Contribution - United Way Fundraising and Other 17,116	17,000 12,115					
<u> 10,73</u> 2	388,742					
DISBURSEMENTS458,656	300,742					
Fundraising 3,520	4,234					
Occupancy Costs 46.932	47,591					
Office 31,743	50,174					
Other 186,604 Purchased Services 25,462	157,930 23,840					
Wages and Benefits 25,462 25,462 264,674	210,517					
	494,286					
DISBURSEMENTS OVER RECEIPTS (100,279)	(105,544)					
TRANSFER FROM GENERAL PROGRAM FUND 100,279	105,544					
FUND BALANCE, END OF YEAR \$ - \$	-					
GENERAL PROGRAM FUND						
RECEIPTS						
Donations 41,175	78,008					
Grants 14,364 Interest 8,198	54,522 8,055					
63,737	140,585					
DISBURSEMENTS	140,363					
Transfer to Community Support Program 100,279	105,544					
Other1,609	3,959					
101,888	109,503					
REVENUE OVER (UNDER) DISBURSEMENTS (38,151)	31,082					
FUND BALANCE, BEGINNING OF YEAR 257,321	226,239					
FUND BALANCE, END OF YEAR \$\frac{219,170}{2} \$	257,321					

KEMPTVILLE & DISTRICT HOME SUPPORT INC.

O/A SENIORS' COMMUNITY SERVICES

STATEMENT OF FINANCIAL POSITION

AS AT MARCH 31

ASSETS

	Community Support Program Fund	General Program Fund	2025	2024
CURRENT				
Cash	43,893	-	43,893	90,764
Accounts Receivable	12,314	-	12,314	1,715
HST Recoverable	6,010	-	6,010	8,662
Prepaid Expenses	-	-	-	2,771
Due From Community Support Fund	-	36,246	36,246	82,527
	62,217	36,246	98,463	186,439
INVESTMENTS		182,924	182,924	174,793
	\$ 62,217	\$ 219,170	\$ 281,387	\$ 361,232

LIABILITIES AND FUND BALANCES

CURRENT				
Accounts Payable	19,703	-	19,703	17,254
Source Deductions Payable	6,268	-	6,268	4,131
Due to General Program Fund	36,246		36,246	82,527
TOTAL LIABILITIES	62,217	-	62,217	103,912
FUND BALANCES		219,170	219,170	257,321
	\$ <u>62,217</u>	\$ 219,170	\$ 281,387	\$ 361,233

Get in touch



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www.seniorscs.ca